

# LET'S GET STARTED LESSON PLAN

## CONCEPTS

Proper Caring for the instrument: removing and returning instrument to cases

Getting to know your instrument: identify the parts of the instrument

Preparing to Play: Playing and Rest Positions (Body Posture)

Playing and Rest Positions (Instrument Posture)

Making Music: Playing F#, E, and D; G#, F#, and E by demonstrating

Plucking (Pizzicato) the Violin Strings

Buzzing Technique (Trumpet) and Introduction of the Mouthpiece

Picking/Plucking Technique (Guitar, Vihuela)

Pulling Technique (Guitarron)

## NATIONAL MUSIC CONTENT STANDARDS

2. Playing, alone and with others, a varied repertoire of music

### THE TEACHER WILL:

Identify the neck and body of the violin, guitar, vihuela and guitarron.

Demonstrate how to pluck the violin

Demonstrate how to buzz the lips and have students echo the buzz

Demonstrate how to buzz in the trumpet mouthpiece and have students echo the buzz

Demonstrate how to hold the pick and use it in picking the guitar and vihuela

Demonstrate how to "pull" guitarron strings using the thumb

Demonstrate proper body posture for playing and rest positions

Demonstrate proper instrument playing and rest positions

Demonstrate preparatory counting to establish steady pulse

Demonstrate buzzing of the lips for trumpet students

Demonstrate F#, E, and D for strings G#, F#, and E for Trumpet

Lead introductory playing experiences through call and response format on

F#, E, and D; G#, F#, and E

Demonstrate the proper procedure for students to enter class and get ready for lesson  
(over next couple of lessons)

Communicate daily expectations as soon as possible

Establish procedure for how to take and return instruments to their cases, latch, and  
store appropriately

### THE STUDENT WILL:

Learn to open the instrument case and assemble the instrument  
properly.

Play the first notes on the instrument

Learn the rules and procedures of the music class

Disassemble the instrument and return it to its case properly